

LIFE ON CAMPUS

Glen Oaks has varied extracurricular activities for students of all ages. The College presents a broad array of events including, but not limited to, intercollegiate athletics, intramural sports, cultural and educational events, student clubs, Student Government, Phi Theta Kappa, awards banquets, and graduation ceremonies.

Athletics -Intercollegiate

Glen Oaks is a member of the Michigan Community College Athletic Association (MCCAA) and the National Junior College Athletic Association (NJCAA). The College competes in men's and women's basketball, men's baseball, women's softball, women's volleyball and men's golf. The MCCAA and NJCAA regulate athletic competition, and establish eligibility standards for member colleges. Glen Oaks subscribes to these standards and rigidly enforces them. It is possible, with changing student interest or cost, that intercollegiate sports may be added or dropped when necessary.

Campus Cupboard

Currently, enrolled GOCC students can receive 5-7 days' worth of nutritious food (quantities of food items based on the number of people living in the student's household) once every two weeks. To request food assistance, students can complete a Campus Cupboard Application online. Volunteers will review each application and contact the student to schedule a day and time to pick up a pre-assembled food box.

Fitness and Wellness Center

The **Glen Oaks Fitness and Wellness Center** provides a welcoming space for students and community members to focus on their health and well-being.

The facility features a variety of **state-of-the-art fitness equipment**, including:

- **Cardio machines** – Treadmills, ellipticals, and stationary bikes.
- **Strength training** – Weight machines, cable machines, free weights, and multi-use squat racks.

Fitness and Wellness Coach Tucker Waddups is available to assist students and guests in achieving their fitness goals. All **part-time and full-time students** have free access to the Fitness and Wellness Center as part of their student fees. Tucker offers **personalized workout plans** tailored to individual fitness needs, while the **TeamBuildr app** allows users to track workouts, monitor progress, and maintain consistency over time.

For the latest community pricing and schedules, visit www.glenoaks.edu (<https://www.glenoaks.edu/>). For additional inquiries, contact **Tucker Waddups** at (269) 294-4281.

GO Cafe

The **GO Café** is located on the Glen Oaks concourse and offers a variety of made-to-order, ready-made, and packaged foods and beverages. Specialties include paninis, quesadillas, specialty salads, and desserts.

The café is open to all students, staff, and the public, providing a convenient dining option on campus **Monday through Friday**.

Devier Student Suites Residence Hall

Start or continue your journey toward independence by living in Devier Student Suites. Living on campus makes it easier for you to connect with other students, and research suggests that students who reside on campus are more successful academically. In addition to being next door to campus resources, you are just minutes away from Centreville, Sturgis and Three Rivers, Michigan, where you'll have access to coffee shops, dining, grocery stores, parks, recreation and more.

Honor Societies

Alpha Alpha Alpha (Tri-Alpha)

Tri-Alpha is the National Honor Society for first-generation college students. Established at Glen Oaks in 2022, Tri-Alpha was founded in 2018. Students who have earned 30 credit hours towards an associate degree, achieved an overall GPA of 3.2 on a 4.0 scale, and are first-generation college students (neither of the student's parents, step-parents or legal guardians have completed a bachelor's degree) qualify to join the honor society.

Phi Theta Kappa (PTK)

Phi Theta Kappa is the International Honor Society for two-year community college students. The Alpha Delta Omega chapter is chartered at Glen Oaks Community College. The society's hallmarks are scholarship, leadership, and service. Students who maintain a 3.5 GPA, have completed 12 credit hours over the 100 level, and are enrolled in at least 3 credit hours for the semester are invited to become members.

Epsilon Pi Tau

Founded at The Ohio State University in 1929, Epsilon Pi Tau (EPT) is the leading international honor society for technology. EPT recognizes academic excellence in technology-related fields, honors outstanding practitioners, and supports scholars advancing technology in society. For over 95 years, EPT has celebrated the achievements of students, professionals, and institutions worldwide, promoting leadership and excellence in the technology professions.

The Oaks Store -Follett Campus Bookstore

Follett provides you access to products and services from their huge network of bookstores and carefully-selected vendor partners across the country, and from their state-of-the-art distribution center.

When you shop via efollett, you are virtually shopping at the Glen Oaks campus bookstore. Therefore, when you place an order for textbooks, clothing, gifts or supplies, those items are taken right off the bookstore's shelf for you. If the items you ordered are not on our shelves, we check our distribution center and reach out to our network of bookstores and vendor partners to get you the items you ordered. You can choose to have items shipped to The Oaks Store for pick-up or sent to an address of your choosing.

Student Clubs and Organizations

Student success is not solely defined by academic achievement. Through student clubs and organizations, students can find their own niche on campus, connect with students beyond the classroom or academic program, and develop leadership potential by engaging in the college community. Student clubs represent various campus groups, special interests, and pre-professional areas. Examples include the Agriculture Club, Computer Gaming Club, Hispanic Student Alliance, and Student

Nurse Service Club. To establish a new organization or to revive an old one, a student will contact the club advisor (full-time faculty/staff member) to discuss the club, gather signatures on the Club Roster, and have the club advisor submit a Student Club Application through Etrieve.

All policies and procedures are found in the Handbook for Clubs on the Glen Oaks website under Student Clubs and Organizations.

Student Government

Policy 347

The students of Glen Oaks Community College are authorized to organize a student government and to operate according to a constitution and by-laws that have been approved by college administration. In general, the government is composed of representatives from all groups and its powers extend to recommendations only. It is organized to achieve student input into college decision-making and to sponsor events to benefit students. Members may serve on college committees and coordinate activities for co-curricular and extra-curricular programs.

Policy History: Adopted by Board of Trustees 1/13/95, revised 9/14/05, reviewed 3/9/23